

# FitUP 2008



Area Health and Fitness businesses will provide additional “incentives” to help you on your way to accumulate 6,400 points necessary to enter the grand prize drawings. You must be registered and participating in FitUP to redeem coupons. Check this list often as new offerings will be added.

## Partner Benefits: Western Upper Peninsula

**FITNESS Xpress** FREE WORKOUT  
 Fit - Fast - Fun  
 30 Minute  
 Fitness Program  
 Yourself (906) 932-1600  
 In Last Tango Plaza

30 Minute Woman's Circuit Training, As featured in  
 Ironwood Chamber of Commerce Adventure Guide

Hours: Mon. - Fri. - 5:30 a.m. to 7:00 p.m.  
 Sat. - 9:00 a.m. to 1:00 p.m.

Name: \_\_\_\_\_  
 Good for 30 bonus points!

**ABR TRAILS**  
 ACTIVE BACKWOODS RETREATS  
 CROSS-COUNTRY SKI TRAILS

This coupon is good  
 for a day of  
 CROSS-COUNTRY  
 SKIING ON THE  
 ABR TRAIL SYSTEM.

Authorized by:  
 E.A.

E5299 West Pioneer Road  
 Ironwood, MI 49938  
 (808) 932-3502  
 Coupon Expires: 4-1-08

Free rentals and skiing/snowshoeing for 2 people  
 Name: \_\_\_\_\_  
 Good for 30 bonus points!

**Curves** GUEST PASS

FREE two-week  
 trial membership  
 plus FREE tour and figure analysis.

To locate the Curves® nearest you,  
 visit [www.curves.com](http://www.curves.com) or call 1-800-229-4182

Pass valid for one guest. Must be 18 years or older. Valid at participating locations. Void where prohibited. Offer good for Area Representatives and Customers only. New members only. Only one trial membership per person. May not be duplicated or combined with any other offer. For promotional use only. Not for resale. No cash value. Violation of these rules will result in termination of guest pass. Expires 2/29/2008 50647-0

Name: \_\_\_\_\_  
 Good for 30 bonus points!

**Main Street Fitness**

100 W. Aurora St. Ironwood, MI 49938  
 Lower level of Lahti Inc Showroom

This entitles **FitUP Participant**  
 to: **(1) 60-minute Personal Training  
 Session w/any regular membership**  
 (\$25.00 value)

Authorized by: Lori J. Lahti  
 Expires June 30, 2008  
 Not redeemable for cash or, with other specials  
 Call 906 932-9700 for appointments

Name: \_\_\_\_\_  
 Good for 30 bonus points!

**BCMh Rehab & Fitness Center**

**BCMh**  
 Rehab & Fitness Center  
 17 W. Broad St. • L'Anse, MI

### Complimentary 7 Day Pass

Fit UP participants redeem for a 7 day free trial period

Name \_\_\_\_\_  
 Date Redeemed \_\_\_\_\_

Good for 30 Bonus Points!