



Community Activity Guide

Playgrounds/Athletic Areas

PLAYGROUNDS:

- DIISD – Kingsford
- Knights Kingdom – Norway
- Marion Park - Norway
- City Park – Iron Mountain
- Cowboy Lake – Kingsford
- Lake Antoine County Park – Iron Mountain
- Crystal Lake – Iron Mountain
- Riverview Drive – Kingsford
- Park Avenue – Kingsford (Woodward Avenue)
- Stanton Street – Iron Mountain
- Forest Street – Iron Mountain
- Lodal Park – Kingsford
- Keyes Lake – Florence

AREA SCHOOLS:

- Iron Mt (East, North, Central, IM Stadium)
- Kingsford (Woodland, Middle/High)
- Norway-Vulcan
- Florence
- Niagara
- North Dickinson

Swimming, Canoeing & Kayaking

SWIMMING:

- Crystal Lake Community Center (year round) – Iron Mountain
- Cowboy Lake – Kingsford
- Lake Antoine – Iron Mountain
- Keyes Lake – Florence
- Lake Mary – Vulcan
- Hanbury Lake – Norway
- Fisher Lake – Florence



CANOING & KAYAKING

- Pine River Oxbow – Florence/Spread Eagle
- Menominee River – Michigan/Wisconsin
- Badwaters Flowage – Michigan/Wisconsin
- Piers George - Norway

Skating, Skiing & More



SKATEBOARDING

- Lodal Park – Kingsford

ICESKATING

- Mt. View Ice Arena – Iron Mountain
- Breen Avenue Flooding – Kingsford
- Quinnesec Flooding – Quinnesec
- Norway Flooding – Norway

DOWNHILL SKIING, SNOWBOARDING, TUBING

- Pine Mountain – Iron Mountain
- Norway Mountain – Norway
- Keyes Peak – Florence

CROSS COUNTRY SKIING

- City Park – Iron Mountain
- Fumee Lake Natural Area – Iron Mountain
- Lauterman Trails – Florence
- Lake Emily – Florence
- Burma Road – Florence

SLEDDING

- Pick a hill!!
- City Park – Iron Mountain



Organized Activities

- SAY Soccer
- T-Ball
- Pop-Warner Football
- Dance
- Wrestling
- Dickinson Area Hockey Association
- Figure Skating
- Martial Arts
- Gymnastics
- Skiing
- Swimming Lessons
- School Associated Sports/Activities – Football, basketball, volleyball, track, wrestling, tennis, cheerleading, baseball/softball, hockey, softball, marching band, soccer

Walking/Biking Areas

- Your Neighborhood!
- Fumee Lake Natural Area – Iron Mountain
- Strawberry Lake – Norway
- Norway Myr – Norway
- Spread Eagle Barrens – Spread Eagle
- Pier's Gorge – Norway
- Lake Emily Trail – Florence
- City Park – Iron Mountain
- Bass Lake – Florence
- Keyes Peak – Florence
- Lauterman Trail – Florence



Activity Parties

Other Fun Activity Ideas

- Build an obstacle course (inside or outside, summer or winter)
- Organize a neighborhood game or activity
- Go fly a kite
- Build a fort (inside or outside)
- Rollerblade
- Play catch or frisbee
- Put on some music and dance
- In the snow: build a snowman, make snow angels, have a snow ball fight, build an igloo, castle, or fort
- Go bowling
- Do housework or yard work



Make birthdays or events centered around activities. Be creative and award medals/prizes for participation and make treat bags full of exercise items or healthy snacks instead of candy.

- Swimming Parties (Outdoor or Indoor – check local motels)
- Bicycle Races (Have all participants bring their bikes)
- Triathlon or Track and Field (Use a local school track and let kids try their hand at running, relay events, tennis ball shot put or Frisbee discus)
- Dance Party (Tap, ballet or rock and roll, at home, professional dance halls or local clubs)
- Playground Party (No explanation needed!)
- Nature Hike/Scavenger Hunt
- Bowling Party
- Games Party (Pick physically active games; Simon Says, hot potato, tag, hopscotch, etc)
- Winter Wonderland (Make a winter birthday fun by building snowmen or snow forts, having snowball fights or playing fox and goose)
- Sledding Party (Find a hill, grab some sleds, make the cocoa and go!)
- Organized Sport Party – (pick a sport; basketball, football, tennis, soccer, volleyball, baseball, kickball, hockey, figure skating, etc)

Local Events

- Healthy Kids Expo (January) – Location varies, contact WJNR for information
 - Norway Classic Race (April) – Norway Public School, Norway
 - One Big Day for Little Kids (May) – Iron Mountain Public Schools, Iron Mountain
 - Lake Antoine Classic (August) – Lake Antoine County Park, Iron Mountain
 - Spread Eagle Barrens Trail Run/Walk (August) – Spread Eagle Barrens, Spread Eagle, WI
 - Kids Health and Fitness Day (November) – Crystal Lake Community Center, Iron Mountain
- Check your local city/community calendar, newspaper or radio station for more local events.*