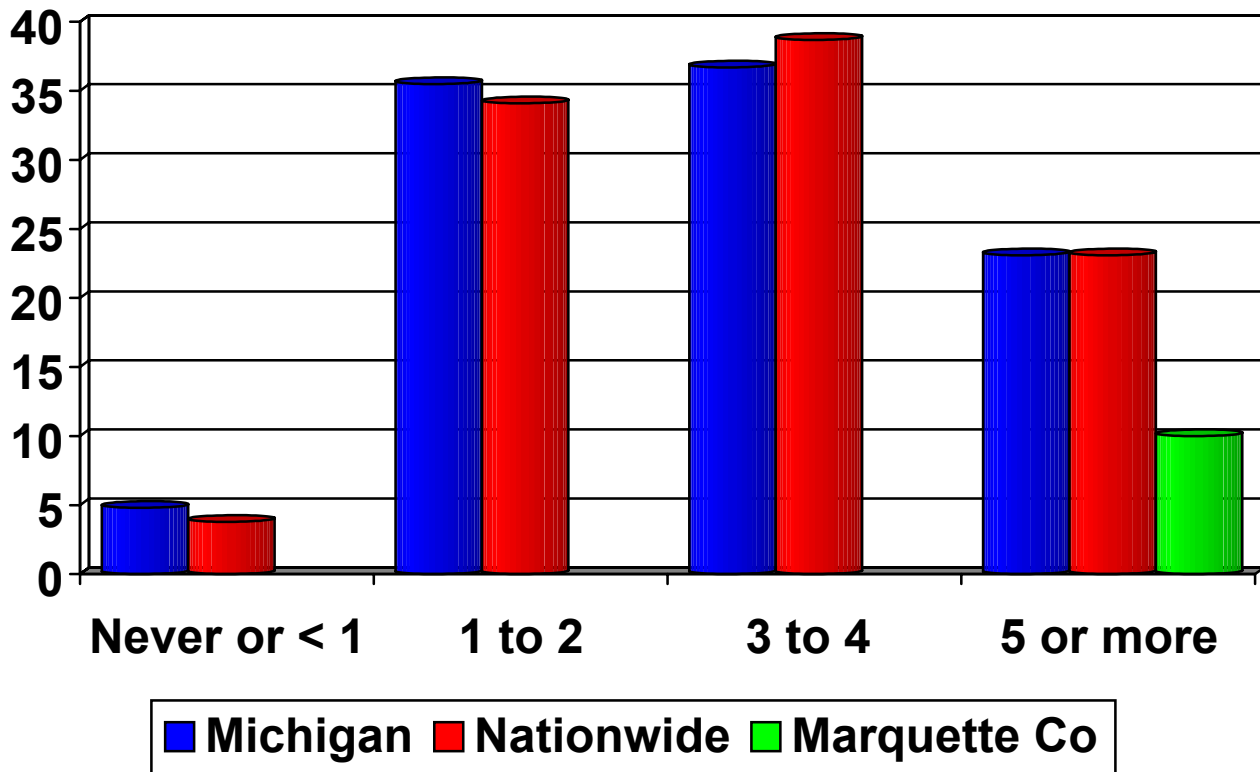
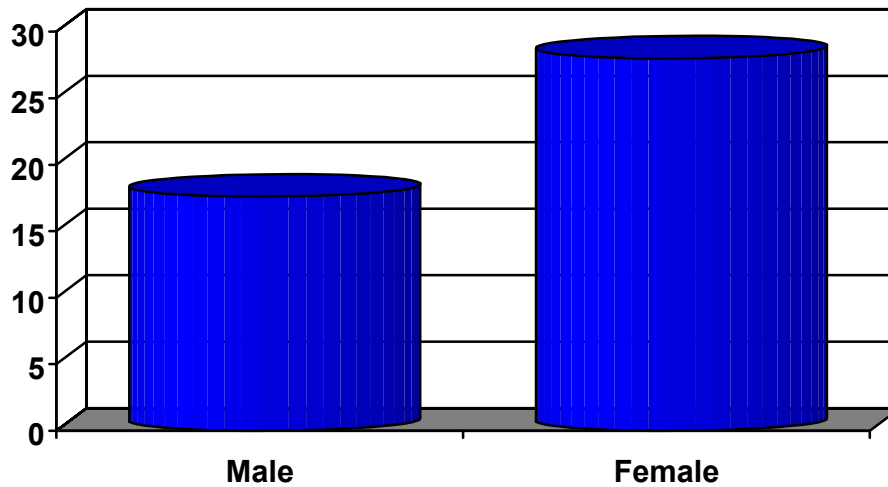


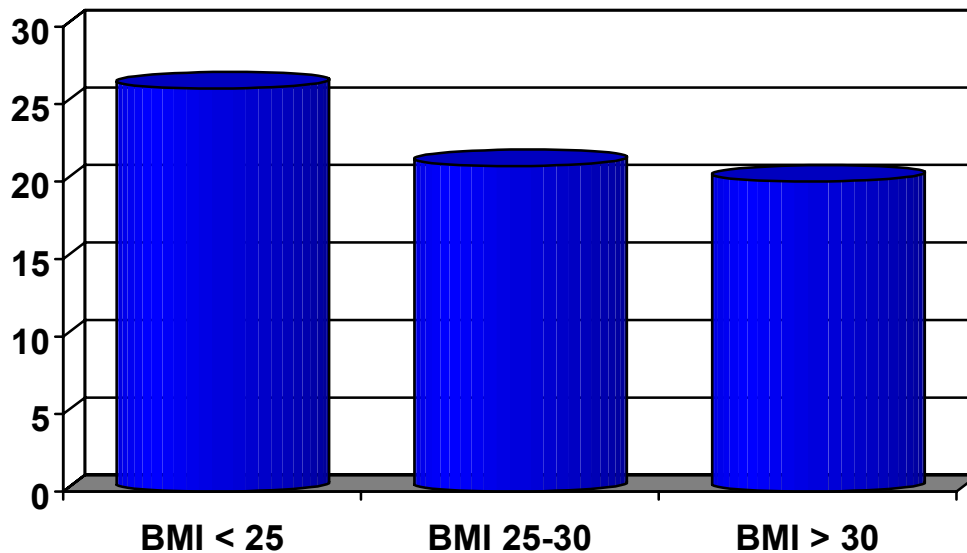
Average fruit and vegetable consumption per day (Michigan vs Nationwide 2000)



Who's Consuming Five a Day?



Only 17.6% of American males and 28% of American females eat 5 a Day.



People who consume 5 or more servings of fruits and vegetables are more likely to be of normal weight (BMI < 25).