



Greetings Get Moving Participants,

As I am writing this on Friday, there is just one day left to get in your minutes. It seems like yesterday that the program began. We began with over 850 registering for the program. We had 201 qualifiers for the Week 7 prize drawing.

The area teams are all doing extremely well. A cool feature of the BCBSM Walking Works site is the "Where is your Group" site (located at the top of the Team Standing, lower left part of the WW home page). Here's what it says about Marquette Alger participants:

Team Marquette Alger

Your group has completed 2 round trips. Your group is heading east has logged over 10,176.81 miles. You've arrived in Detroit, MI to hear some Motown. Not much further and your group has once again walked across the country. Keep up the great work.

THAT'S TWO ROUND TRIPS ACROSS THE COUNTRY!

Check out where each of your area teams are at.

We will give all participants until next Thursday to get their minutes recorded. The BCBSM and WELCUP Grand Prize of \$300 will be awarded. We also bumped up the weekly prize for week 8 to \$50 each! Week 7 winners are posted on the www.FitUP.org site. Please remember to complete the [evaluation](http://www.surveymonkey.com/s/7SRJXRP) of our program (<http://www.surveymonkey.com/s/7SRJXRP>). It just takes a minute or so to do.

Questions or Comments? Contact us at fitup@hline.org