



Greetings Get Moving Participants,

We're now entering week 6. Our prize notification page is getting quite large! Week Four saw 16 new winners. The prizes are sponsored by Blue Cross Blue Shield of Michigan and the Wellness Council of the Upper Peninsula and are posted on the www.FitUP.org website. I'm writing this after watching the commercials on the Super Bowl. Seems like the commercials this year had a lot of slapping going on, along with near naked men who were not in the best of shape. It would have helped some if they were part of our "Get Moving" program. Well...maybe not.

We are still having some issues with Charter who is not sending out this newsletter to our large group. They have some kind of "spam" blocker. There may be other servers in addition. The newsletters are always posted on the fitup page. You may have noticed photo's posted on the FitUP page. We'd like to get a photo of you and/or group doing a winter activity. Please email, and we will post. BCBSM will be doing a special mid-point article as well as final article. If you have a special story to tell how the program has helped you, please email that also.

Congratulations of Judy Phelps who not only one a weekly prize, but was our Mid-point prize winner of \$150. Over \$300 in prizes were awarded in Week Four. Week 5 drawing will be held this Wednesday so be sure to update your daily minute totals.

Here's the team scores as of Feb 8th. Team Keweenaw, Baraga and Houghton have been moved to the Gogebic Ontonagon Team. Team Marquette/Alger is in the lead even though they have the lowest average per walker (they have more qualifying participants) The Copper Country (five west end counties have the highest average per walker with an AVERAGE of near 72 miles per participant!

#	Team Name	Total Miles	Average per Walker
1	Team Gogebic Ontonagon	3527.57	71.99
2	Team Delta Menominee Schoolcraft	5006.49	58.21
3	Team Dickinson Iron	3884.39	53.21
4	Team Chippewa Luce Mackinac	6376.48	49.43
5	Team Marquette Alger	6983.60	46.87

**Below are Week 4 and Mid-point prize winners:
Weekly Winners**

Questions or Comments? Contact us at fitup@hline.org

GM Jacket:	Melissa Matson	Team Chippewa Luce Mackinac
\$10:	Karen, Senkus	Team Chippewa Luce Mackinac
GM Jacket:	Robin Barker	Team Delta Menominee Schoolcraft
\$10:	Julie VanPortfliet	Team Delta Menominee Schoolcraft
GM Jacket:	Judy Phelps	Team Dickinson Iron
\$10:	Judy Jennings	Team Dickinson Iron
GM Jacket:	Maj-Lis, Sejbl	Team Gogebic Ontonagon
\$10:	Pat Kangas	Team Gogebic Ontonagon
GM Jacket:	Brenda Maddock	Team Marquette Alger
\$10:	Matthew Doughty	Team Marquette Alger

Midpoint Winners

\$150: Judy Phelps

GM Jacket: Sheri Oja
 \$20: Jill Celestino
 \$20: Joan Vandembush
 \$20: Todd Bociek,
 \$20: Annette, Clemens
 \$20: Holly, Pavloski

Team Dickinson Iron
 Team Chippewa Luce Mackinac
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